

Title: Guided Imagery

Subject Area: Art/Astronomy

Grade Level: 1st - 3rd Grade

Materials:

11'X17' black paper  
oil pastels  
outer space book

NYS Standards:

1. Students will create an oil pastel drawing based on guided imagery.
2. Students will be able to use and manipulate oil pastels in a variety of ways to create different values.
3. Students will be able to think, imagine, and visually describe the guided imagery task. Students will also be able to analyze each other's work, comparing and contrasting.
4. Students will have a reinforced knowledge about astronomy through guided imagery.

Motivation:

Explain to the students that they are going to go into outer space. Have the students then pretend to go into a space shuttle and blast off into space. Make sure students go through all the motions such as buckling up, closing the space shuttle door, etc.,. Once traveling around in outer space, have the students describe what they see around them ( the planets, the moons, the sun, the stars etc.,). Once they finish up, have them go back to Earth going through all the motions once again.

Procedure:

1. Have students settle in their seats.
2. Explain the motivation for the project.
3. Explain to the students that will create an image using oil pastels based on what they saw in outer space.
4. Demonstrate to the students the various ways they can manipulate the oil pastels to create a variety of values.
5. Ask students in they have any questions thus far, or do not fully understand the assignment.

6. Hand out paper and have students begin their outer space drawings.
7. Once finished have students hang work up and compare and contrast drawings.
8. When the assignment is completed ask a few final questions for closure such as Did you enjoy exploring outer space? What did you like most about it? What did you like the least? What kind of textures did you like? Etc.,.

**Evaluation:**

Evaluation will be based on participation with all steps of the project, effort put into the project, the completion of the drawing with use of crayon textures and using space imagery, and the ability to assess their own work as well as those of their peers.